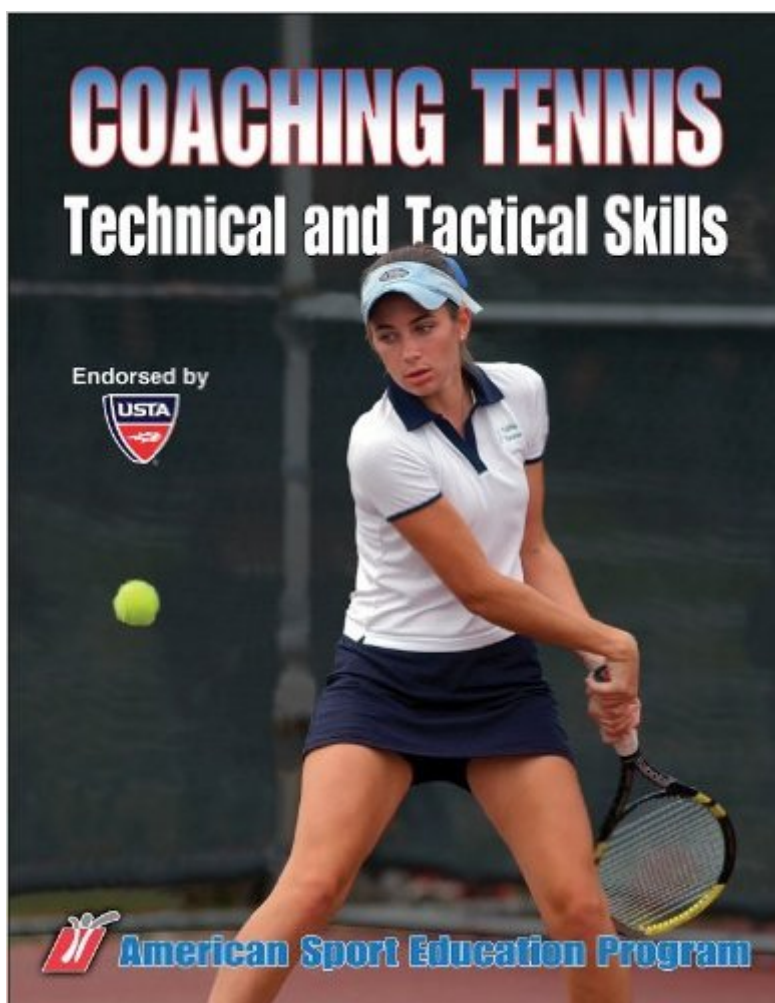


The book was found

Coaching Tennis Technical & Tactical Skills



Synopsis

Coaching Tennis Technical and Tactical Skills is a practical resource that will help you become a better high school, club, or college tennis coach. With the expert guidance of Kirk Anderson, director of recreational coaches and programs for the United States Tennis Association (USTA), you'll learn coaching and evaluating skills and then focus on technical and tactical skills of tennis, including quick tips on detecting and correcting errors in your athletes, cues athletes need to be aware of in various tactical situations, and key information your athletes need to know in order to make the appropriate decisions on the court. Skills are cross-referenced so you can see how they relate to each other and quickly determine how to use them in practice situations. Whether you are a veteran coach or just a beginner, this book will help you take your coaching to the next level by providing you with the tools you need to teach athletes the game of tennis. The American Sport Education Program (ASEP) is the leading provider of youth, high school, and elite-level sport education programs in the United States. Through its high-quality and easy-to-use programs, ASEP has educated more than 1.5 million coaches, officials, sport administrators, parents, and athletes. For more than 25 years, local, state, and national sport organizations have partnered with ASEP to lead the way in making sport a safe, successful, and enjoyable experience for all involved.v

Book Information

Paperback: 272 pages

Publisher: Human Kinetics; 1 edition (May 29, 2009)

Language: English

ISBN-10: 0736053808

ISBN-13: 978-0736053808

Product Dimensions: 8.5 x 0.6 x 11 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars Â Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #1,081,039 in Books (See Top 100 in Books) #61 inÂ Books > Sports &

Outdoors > Coaching > Tennis #341 inÂ Books > Sports & Outdoors > Individual Sports > Tennis

#418 inÂ Books > Sports & Outdoors > Racket Sports

Customer Reviews

I love this book. It breaks down each stroke and explains all elements of the stroke and areas to look for to improve stroke development. Illustrations are excellent. I would recommend to all high school and beginning tennis coaches who want to get great information to pass to their students.

Good material, not just for coaching, I've chosen this book for its informative guideline to correct and adjust my game on the court. I chose this book expecting that it would be like most of the tennis titles, but it rendered more knowledge and improves my play than any other tennis book I have so far. I'm just a moderate tennis player.

Above average, provides basic coverage of a very complex skill - Tennis Coaching.

[Download to continue reading...](#)

Coaching Volleyball Technical and Tactical Skills (Technical and Tactical Skills Series) Tennis: Tennis Strategies: The Top 100 Best Things That You Can Do To Greatly Improve Your Tennis Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Tennis) Coaching Tennis Technical & Tactical Skills Tennis: Top 5 Strategies How to win more matches, How to Play Tennis, Killer doubles, Tennis the Ultimate guide (Tennis Strategies How to win more matches Book 1) Tennis: The Ultimate Guide To Tennis - Master The Fundamentals Of Tennis And Level Up Your Game In 7 Days Making a Modern Tactical Folder: Tips on How to Make a Folding Knife: Learn how to make a folding knife with Allen Elishewitz. Knife making tips, supplies ... how to make custom tactical folding knives. Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series) Coaching Tennis Successfully - 2nd Edition (Coaching Successfully Series) Coaching Youth Tennis - 3rd Edition (Coaching Youth Series) Life Coaching: Complete Blueprint to Becoming a Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better leadership, goals, consulting) Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) NLP Coaching: Learn How to Use NLP in Your Coaching and Become a Great Leader (nlp coaching, nlp books, nlp techniques) The Art of Coaching High School Tennis 2nd Edition: 88 Tips, Tricks, Skills and Drills for a Magical Season U.S. Army Technical Manual, TM 3-1310-243-10, CARTRIDGE, 40-MM: TACTICAL CS, M651, (NSN 1310-00-849-2083), 1975 International Book of Tennis Drills: Over 100 Skill-Specific Drills Adopted by Tennis Professionals Worldwide Tennis Strategies: The Top 100 Best Things That You Can Do to Greatly Improve Your Tennis Game Tennis Fitness for the Love of it: A Mindful Approach to Fitness for Injury-free Tennis The Tennis Drill Book (Tennis Drill Book, Paper) The Tennis Book: The Illustrated Encyclopedia of World Tennis Tennis Strings Made Easy: All you need to know about Tennis Strings

[Dmca](#)